

BIRTHDAY AND HOLIDAY APPROVED LIST OF SNACKS

Temple Trager Early Childhood Education Center recognizes that food allergies can cause serious life threatening conditions for some children. To keep all our children safe, we will strive to limit those foods that have been determined to cause allergic reactions in children, acknowledging that we cannot guarantee a nut free environment. Peanuts and tree nuts can be an especially difficult food to limit; however, we will strive to be a nut sensitive environment.

Each student with a diagnosed food allergy will have a physician's authorization for medication to be immediately administered to help counteract any possible reactions to food allergies, but these medications can only do so much. Your help and participation is vital to make this policy work.

As of September, 2019 the following is an approved list of foods. Please check any food you bring to school as processing procedures may change.

***Fresh baked goods (cakes, cupcakes, etc.) from **local groceries or local bakeries Cannot be brought to school.**

Fruits/Vegetables (must be cut in the store or school kitchen)

Apples, oranges, bananas, pears, melons	Applesauce cups
Raisins	Vegetable dips
Baby carrots, celery sticks, cucumber slices, broccoli, pepper strips,	
Welch's fruit snacks	

Cheese/Dairy

Yogurt (no granola)	Pudding in individual cups
Jell-O in individual cups	String cheese/cheese cubes

Cookies/Snacks

Graham Crackers (Kroger or Honeymade)	
Oreos (Regular) & Thins	
Nabisco Chips Ahoy	
Kellogg's Rice Krispy Treats	
Keebler Fudge Stripes, Deluxe Grahams, E.L. Fudge	
Animal Crackers (Kroger, Barnum, Austin Zoo or Keebler brands)	PLAIN ONLY
Teddy Grahams (cinnamon, chocolate, chocolate chip, honey)	
Kroger brand Mini Donuts/Donuts Holes (Powdered sugar, glazed, plain, cinnamon sugar) & prepackaged donuts. Kroger bakery prepackaged glazed donuts	
Entenmann's little bites blueberry and chocolate chip muffins, fudge brownies & donuts	
Hostess mini muffins & donuts	

Ice Cream/Popsicles

Popsicles	Whole Fruit Bars
Juice Bars	Breyers Vanilla Ice Cream
Kroger brand ice cream sandwiches and sundae cups	

***Classroom cooking – Only Pillsbury and Betty Crocker brand cake mixes, frosting, refrigerated dough.

You will also have the opportunity to purchase school baked cupcakes or cookies for your child's birthday celebration at Temple Trager ECEC. An order form will be sent home prior to your child's birthday.

***No homemade items (cookies, cakes, etc.) may be brought school. This includes fruit (it must be pre-cut at the grocery store)